

Make Money In Up or Down Markets

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Charles Moskowitz Discussion

Week 33 was a small loss of \$210 bringing YTD gains to \$11,073. We have only 1 position of the remaining SKYW calls using \$240. The first half was sold at a 300% gain, so there is no cost for this one.

The week was another reason to believe we are in a correction. To be 100% technical we have now made a new high and had a "reversal week" and a break, a rally that failed at the point of breakdown, another rally and failure at the prior break and another break. This occurred on the DJIA, S&P500, and NASDAQ. In fact, the only place it did not occur was the Transports, which is down over 7.6%, has broken not only the 13 and 50, but even the 200 day moving averages. So if you subscribe to the Dow Theory, and the idea that the Transports lead the rest of the market, we are already into the correction. A look at some of the 20 stocks that make up the DJ Transports and it gets even worse, with very long uptrends being broken for the first time in years. Only the DJIA is above the 50 day.

One of the groups that has had a deep dive lower is Retail. From its monthly high of \$51.25 in 4/15 to this weeks close of \$48.19 we have seen a 26% drop while the other markets have made new highs. Stocks like Macy's (M) has made a 7 year low after all-time new highs (\$72) in August 2015 we have fallen to \$19.49, a drop of 73%. Losses in many of the others, DDS -60%, JWN- 50%, and KSS -56%. While the market has worked higher this group has been affected by growth in consumer credit and a pickup in auto subprime debt (now stretched to as much as 72 and 84 month terms) and the declining mall traffic. On the technical side of the XRT chart we are back to support here from 2/2014 @ 38.40 and

2/2016 @ 37.80. We are only slightly oversold. A break here and we could test the monthly low of 32.44 made on the last major breakout in 2/2013. The big names have been soft too, with GOOGL and AMZN both below their 50 day moving averages and NFLX and NVDA resting on theirs.

With all these factors, you would think lower prices are coming, but my tactic is to take advantage of the closeness of the lows to be a buyer using the breakdowns as my stopping-out point. This will be the method for the week (or weeks) coming. It may cause some small losses, but even 1 or 2 that hold and start higher will make money.

Watch for text alerts to participate. **CAM**

All trades were based on your participation in the texting service to receive updates.

DATE	7 iii dades were based on your participation in the text	PRICE	COST	PROCEEDS	RESULTS
08/18	Sold 10 SPY August 243.50 Calls	0.12		120	120 Loss
08/18	Bought 10 SPY August 243.50 Calls	0.24	240		
08/17	Sold 10 SPY August 245 Calls	0.38		380	110 Loss
08/17	Bought 10 SPY August 245 Calls	0.49	490		
08/16	Sold 10 SPY August 247 Puts	0.84		840	240 Gain
08/16	Bought 10 SPY August 247 Puts	0.60	600		
08/14	Sold 4 SPY August 243 Puts(50% Loss Rule)	0.55		220	220 Loss
08/11	Bought 4 SPY August 243 Puts	1.10	440		
08/08	Bought 8 SKYW Sept 40 Calls	0.30	240		

NEW TRADES OPTIONS ACCOUNT

- (1) BUY 10 M SEPTEMBER \$ 20 CALLS @ \$ 0.42
- (2) BUY 6 CSTM SEPT \$ 10 CALLS @ \$ 0.80
- (3) BUY 4 NVDA AUGUST 25[™] \$165 CALLS @ \$ 1.10

NEW TRADES \$ 100 000 ACCOUNT:

- (1) BUY 20 M SEPTEMBER \$ 20 CALLS @ \$ 0.42
- (2) BUY 12 CSTM SEPTEMBER \$ 10 CALLS @ \$ 0.80
- (3) BUY 8 NVDA AUGUST 25TH \$165 CALLS @ \$ 1.10

MARKET LABORATORY - WEEKLY CHANGES

Prices are copied from Barron's Weekly and Yahoo Finance and may be incorrect

Dow 21,874.51 -183.81 -0.84%	Nasdaq 6216.53 -40.03 -0.64%	S&P 500 2425.55 -15.77 -0.65%	Transportation 9095.31 -103.74 -1.13%	Russell 2000 1357.79 -16.44 -1.20%	Nasdaq100 5790.91 -40.62 -0.70%
Gold (spot) 1285.70 -2.00 -0.16%	Silver Sept 17.00 +0.745 +4.6%	Crude Aug 48.51 -0.31 -0.6%	Heating Oil 1.6346 -1.42 -0.9%	Unleaded Gas 1.6240 +0.011 +0.7%	Natural Gas 2.8930 -0.0873 -2.9%
VIX 14.26 -1.25 -8.1%	Put/Call Ratios S&P 100 144/100's -13/100's	Put/Call Ratios CBOE Equity 71/100's -10/100's	Bonds 155-27 +0-12 2.95% 0-024%	10 Yr. Note 125-30 +0-6 2.26%-030%	Copper 2.9395 +0.217 +8.0%
CRB Inflation Index 177.50 -2.11 -1.2%	Barron's* Confidence 75.2 +0.4	S&P100 1073.52 -8.28 -0.77%	5 YR Note 117-27 -0+11 1.79%-0.05%	Dollar 93.42 +0.35 +0.4%	DJ Utilities 738.38 +7.93 +1.09%
AAII Confidence Index Average	Bullish 34.2% +0.5% 38.4%	Bearish 32.8% +0.5% 30.30%	Neutral 33.0% -1.0% 30.96%	M1 Money Supply +6.62% Aug 7 th	M2 Money Supply +5.0% Aug 7 th

Prices are copied from Barron's Weekly and Yahoo Finance and may be incorrect * Component Change is in the Confidence Index

5	SUPPORT	RESISTANC		
S&P 500	2404		2450	
NASDAQ (QQQ)	137.70	142.90		
Trans	8950		9260	
DOW	21,350	21,790		
TLT	123.20		128.40	

Each Stock is allocated a theoretical \$5,000 share of the portfolio

	Purchase Price	Purchase Date	Stop/Loss	Price/Date Sold	Profit/(\$ 920Los)
BBRY 400	11.21	06/07			
GLYC 400	12.66	06/01			
HL 500	5.72	06/01			
GSAT 1500	2.30	05/18			
SLV 300	15.78	05/15			
AGQ 150	40.39	04/07			
NUGT 75	35.68	03/13			
RWM 100	50.60	11/21			
SPXU 200	22.88	11/14			
AMBA 100	63.75	10/13			
MOS 200	27.53	05/02			
EYES 500	5.04	04/04			
EYES 1000	6.49	12/28			
TWTR 200	28.51	10/28			
MOS 100	43.55	08/14			
HL 500	3.95	05/03			
SAN 600	8.40	12/16			
TEXQY 200	6.56	7/11			
REPR* 5000	0.22	10/22/12			

Recommendations will be both listed in this letter and texted to members. Previous closed out trades can be seen on each preceding weekly market letter. X means stop loss

Aug14th;7th;July31st;24th;17th;10th;3rd;June26th;19th;12th;5th;May9th;22nd;15th;8th;1st;Aprilth;24th;17th;10th;3rd;

SCO means stop close only Additional New Options Trades: will be texted

Large Account: Additional trades and stop losses will be Texted and E-Mailed The new number has been provided. Call Dave Rodgers if there are problems at (832) 236-3640. Or Mike King 702 650 3000; Charles Moskowitz 617 827 1296

There were four closed out options positions last week losing \$420.00 in options trading. There were no closing stock trades: There is one remaining long option position, the 15 SKYW September \$40 Calls bought at \$ 0.30 costing \$450.00. The net loss for the week was \$ 420.00. The total margin requirement for options is \$450.00. The options expire on the third Friday of each Month unless otherwise posted. The Stock table has the following 19 positions: AGQ, BBRY, EYES (2), GLYC, GSAT, HL(2), MOS (2), NUGT, REPR, RWM, SAN, SCO, SLV, SPXU TEXQY, TWTR,

The options call for a \$ 2,500 investment unless otherwise stated; each stock position requires \$5,000 unless otherwise mentioned specifically. Money management is based on a hypothetical \$ 100,000.00. The 19 stock positions would cost \$79,338.00. The open long options position; the SKYW September \$ 40 Calls require \$ 450.00; when combined with the stock requirement of \$ 79,338.00 equals \$79,788.00 which leaves excess cash of \$20,212.00.

YEAR TO DATE the \$100,000 Account has had 148 closed out trades between stocks, options and covered writes versus stock positions. There were no closed stock positions last week. There was a small increase in equity (+ \$ 275) of the open positions to a minus \$ 21,745.00 of the former closed positions, 101 were gains and 47 were losses. Gains to date equal \$53,215.00; losses equal \$18,689.00, for a net gain of \$34,526.00. This number does not take into consideration commissions or open gains or losses.

These figures are approximate and there might be errors. The trading is hypothetical and we do not count commission costs.

Previous Week's Recommendations and Rules for the \$ 100,000 account

- Text UPDATES to number provided
- All options count for about \$ 2,500.00 for model portfolio calculations unless otherwise stated.
- When the option has doubled sell half the position.
- Stop Loss protection is half if Option trades above 50 Cents or offered with each trade.
- The cost of the option is the asking price (or the price between the bid and ask, whichever is more realistic)
- The options will be followed until closed out.
- Option Symbols are stock symbol with expiration month and strike price
- Subscribers can follow us on Twitter or call 702 650 3000 for up to date information.

Note: Closed out stock and option positions can be found in previous weekly market letters: Such as

Aug 14th;7th;July 31st;July 24th;17th;10th; 3rd;June 26th;19th; 12th; 5th; May 29th;22rd;15th;8th; 1st; April 24th; 17th

Option		COST	Date	Sold	Date	Profit/(Loss)
SPY Aug 243.50 20 lots	<u>Calls</u> 0.24		08/18/17	0.24	08/18/2017	(\$240)
SPY Aug 245 20 lots	<u>Calls</u> 0.49		08/17/17	0.38	08/17/2017	(\$220)
SPY Aug 247 20 lots	<u>Puts</u> 0.60		08/16/17	0.84	08/16/2017	\$ 480
SPY Aug 243 8 lots	<u>Puts</u> 1.10		08/11/17	0.55 (50% Loss Rule	08/14/2017	(\$440)
SKYW Sept 40 15 lots	<u>Calls</u> 0.30		08/08/17			

This week's Economic Numbers and Earnings Releases: Before the Open on top of the Row; After the Close below the Economics information and News releases: Space is limited:

MONDAY	58.com WUBA (0.19 vs 0.15)
	The Chicago Fed National Activity Index is published. A total solar eclipse is visible from across the U.S., the first time since 1918 that has happened.
	Baozun BZUN (0.68 vs 0.15) Fabrinet FN (0.83 vs 0.60) Hill International HIL (0.01 vs 0.03) Nordson NDSN (1.68 vs 1.47) Premier PINC (0.52 vs 0.36) Zayo Group ZAYO 0.14
TUESDAY	Cheetah Mobile CMCM (0.55 vs -0.44) Coty COTY (0.09 vs 0.13) JA Solar JASO (0.02 vs 0.31) Kirklands KIRK -0.29 vs -0.22) Medtronic MDT (1.08 vs 1.03) Momo MOMO (0.32) Navios Maritime NM (-0.25 vs -0.29) Toll Brothers TOL (0.69 vs 0.61)
	09:00 hrs FHFA Housing price Index June (NA vs 0.4%)
	Intuit INTU (0.17 vs 0.08)Salesforce.com CRM (0.32 vs 0.24) ZTO Express ZTO (0.94)
WEDNESDAY	American Eagle AEO (0.16 vs 0.23) Dycom DY (1.44 vs 1.64) Eaton Vance EV (0.68 vs 0.56) Express EXPR (-0.01 vs 0.13) Lowe's LOW (1.63 vs 1.37) Royal Bank of Canada RY (1.87 vs 1.72) Yingli Green Energy YGE (-2.05 vs 0.09)
	07:00 hrs MBA Mortgage Applications Index 08/19 (NA vs 0.1%) 10:00 hrs New Home Sales July (615K vs 610K) 10:30 hrs Crude Inventories 08/19 (NA vs -8.9Mln Bbls) Guess? GES (0.10 vs 0.14) HP HPQ (0.42 vs 0.48) Lannett LCI (0.39 vs 0.73) PAREXEL PRXL (0.93 vs 0.94) Tilly's TLYS (0.06 vs 0.05) Williams-Sonoma WSM 0.59
THURSDAY	Abercrombie & Fitch ANF (-0.33 vs -0.25) Burlington Stores BURL (0.51 vs 0.39) Hormel Foods HRL (0.37 vs 0.36) J.M. Smucker SJM (1.63 vs 1.86) Michaels Stores MIK (0.16 vs 0.17) Patterson PDCO (0.44 vs 0.51) Seadrill Ltd SDRL (-0.09 vs 0.52) Sears Holdings SHLD (-2.48 vs -2.03) Signet SIG 1.09 vs 1.14) Staples SPLS (0.12 vs 0.12) Tiffany & Co TIF (0.86 vs 0.84) Tuesday Morning TUES (-0.29 s -0.09)
	08:30 hrs Initial Claims 08/19 (237K vs 232K)
	08:30 hrs Continuing Claims 08/12 (NA vs 1953K)
	10:00 hrs Existing Home Sales July (5.56 Mln vs 5.52 Mln) 10:30 hrs Natural Gas Inventories 08/19 (NA vs 53 bcf)
	Altaba AABA (0.16 vs 0.09) Broadcom AVGO (4.03 vs 2.89) Gamestop GME (0.15 vs 0.27) Marvell MRVL (0.28 vs 0.18) Ulta Beauty ULTA (1.78 vs 1.43) VMware VMW 1.15
FRIDAY	Big Lots BIG (0.62 vs 0.52)
	08:30 hrs Durable Orders July (-6.0% vs + 6.5%) 08:30 hrs Durable Orders - ex transportation (0.5% vs 0.2%) Fed Chair Janet Yellen will headline the annual Jackson Hole, Wyoming Economic Policy Symposium, hosted by the Kansas City Fed.
	The U.S. Oil Rig Count decreased by 5 Rigs to 763. The Nat Gas Rig count increased by 1 to a total of 182, there is one miscellaneous, making a total rig count 946. There are 455 more rigs in operation this year, up from 2016. Crude closed lower at \$48.51.off \$ 0.31 or -0.6%. Natural Gas closed the week falling \$ 0.0873 or -2.9% at \$ 2.8930.

FUNDAMENTALS The Dow Jones Industrials (21,674.51 - 183.81 or -0.8%) led all indexes again for the week, however, in the wrong direction; had a disappointing week, its second down week in a row; stocks sold off. The Dow made a classic new high before reversing, plunging to a new low, down 274 points to its 50 day price moving average. Leading the way, Home Depot (HD: \$ 147.49) - \$ 7.39 or - 4.8% and Nike Inc (NKE: \$ 54,95) - \$ 4.02 or - 6.8%; 3M Company (MMM: \$ 203.53) - \$ 4.12 or - 2.0% Other weak- performers included United Health Group (UNH: \$ 190.82) - \$ 2.20 or -1.2%; Pfizer (PFE: \$ 32.67) - \$ 0.60 or -1.7% and IBM - \$ 2.14 or - 1.5%.

The S&P 500 (2425.55) - \$ 35.51 or -1.4% was the largest losing index closing with losses of 1.4% for the week, even though after reaching 2480, being overbought and unable to hold its gains, it just hovered sideways and collapsed below its 50 day price moving average. The market is continuously influenced by fundamental and technical factors and it's never easy to navigate the crosscurrents.

The Nasdaq Composite (6216.53) - \$ 40.03 or - 0.6% appears to be in a position to accelerate down in August ending the bull market after gaining 3.4% in July. The QQQ at \$ 141.23 fell \$ 3.73 from its high or \$ 2.80 for the week down 2% closing even slightly below its 50 day moving average.

The Dow Jones Transportation Average (9095.31) - \$ 103.74 or -1.1% was the second worst performing index last week. It collapsed 352 points after reaching its 50 day price moving average. The Dow Jones Transportation Index Fund reversed (IYT: 163.78) - \$ 1.62 or 1% after reaching a high of \$ 170.14. This action appears to end the bull market.

Index	Started Week	Ended Week	Change	% Change	YTD %
DJIA	21858.32	21674.51	-183.81	-0.8%	9.7
Nasdaq	6256.56	6216.53	-40.03	-0.6%	15.5
S&P 500	2441.32	2425.55	-35.51	-1.4%	10.6
Russell 2000	1374.28	1412.32	-15.77	0.6%	8.3
DJT	9199.05	9095.31	-103.74	-1.1%	0.6

US Dollar (DXYO: 93.42) +0.35 or +0.4%. The dollar consolidated this past week and seems to have found support at the 93.40 level, which is about its 13 day price moving average.

Volatility (VIX: \$14.26 -\$ 1.25 or -8.1%) An important gauge of Wall Street volatility, the CBOE Volatility Index VIX, -8.10% has come off historic lows and slowly, but steadily moved above its 200-day moving average, which it breached on Aug. 10, and continues to hold above that long-term trend line. That is a bullish sign for the gauge but a negative for stocks because the so-called fear indicator tends to trade inversely with stocks. The gauge, also known as the VIX, measures options bets on the S&P 500 index. And because stocks fall faster than they rise, it's often seen as a measure of expectations for near-term market drops. The VIX has only been around this level, 15, on two other occasions this year, back in May and in April, only to slip lower. It remains below its historic average of 20.

CBOE OEX Volatility Index (VXO-X 12.91) + \$ 0.04 or + 0.3% after making a new all-time low at 6.32, on July 25th, the index reversed sharply closing above the 200 day moving average, possibly signaling an end to the bull market or trouble ahead.

The UVXY, (\$38.97) or -\$4.12 - 9.6%; Has found support at its 50 day moving average at about \$35.30. The Ultra VIX short term indicator had declined every month through July, since November 2016, which was supportive of the bull market, which now appears to be in trouble.

The U.S. Oil Fund (USO: \$9.97) -0.02 or flat; trying to hold in a congestion area (9.95 to 10.30) from an oversold market, but facing burdensome supplies. The Oil- Rig count declined by 5 last week. Oil exploration in the U.S. has been up 100.8% and gas exploration is up 133% from a year ago.

Semiconductors (SMH: \$85.17) -0.30 or -0.35%: Broke below the significant 50 day moving average and an important level that indicates a threat to a continuation of the bull market.. The action looks toppy.

Gold (GLD: \$ 122.30 -\$ 0.49 or -0.4% Found new support at the \$ 120.50 level and then rallied impressively to close above all moving average reaching the highest level since June 7th.

Russell 2000 (IWM: \$ 134.92) Closed below the critical 140 level leading all markets lower; now testing the 200 day moving average at 133.50.

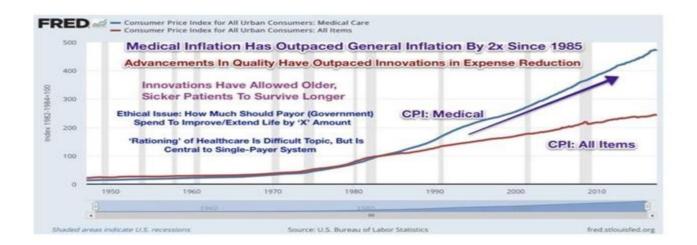
The GDX, the VanEck Gold Miners ETF (GDX: 22.93) - \$ 0.22 or -0.9% surged above the critical 200 day moving average seeking higher levels after having rallied all year since December

30th. BABA is a market retailing leader. It rebounded nicely from oversold conditions remaining solidly bullish. Our original buy recommendation on April 11th was \$ 111.00/share.

Amazon (AMZN: \$ 958.47) -9.52 or -1.0%: Climaxed at \$1083.31 and since dropped 9.52 points last week in addition to 115.32 points the previous two weeks week totaling 125 points since that new high was made July 27th.

Crude OIL (\$48.51) -0.31 or -0.6% The strong world economy is supportive in utilizing huge supplies. KNOP: \$22.55 - \$0.40 or - 1.7% last week; a buy at \$22 with a \$2 risk.as it descends to its 200 day moving average. KNOT Offshore Partners LP owns and operates shuttle tankers under long-term charters in the North Sea and Brazil. The company provides crude oil loading, transportation, and storage services under time charters and bareboat charters. KNOT Offshore Partners GP LLC serves as the general partner of the company, and Knutsen NYK Offshore Tankers AS is its sponsor. The company was founded in 2013 and is headquartered in Aberdeen, UK.

To say that shuttle tankers are a niche industry would be an understatement - these tankers comprise only around 1% of the world's conventional tanker fleet, and are a vital key solution for oil companies looking to monetize their product. Since many ports don't have the infrastructure to accommodate large tankers, producers charter shuttle tankers to get their oil into port. These are specialized vessels that take 2.5-3 years to build, so there isn't a lot of speculative new-building going on in this industry.



ECONOMICS

Retail Sales for July exceeded expectations, increasing 0.6%well above expectations of a + 0.3% on the back of an upwardly revised 0.3% increase in June from -0.2%. Retail sales, excluding autos, also beat expectations, rising 0.5% (Briefing.com consensus 0.3%) and the June reading was revised up to 0.1% from -0.2%. Core retail sales is the component that factors into the PCE goods component of the GDP report, so the key takeaway from the retail sales data is that it points to a rebound in spending on consumer goods in July after a weak finish to the second quarter. This should be a positive input for Q2 GDP models.

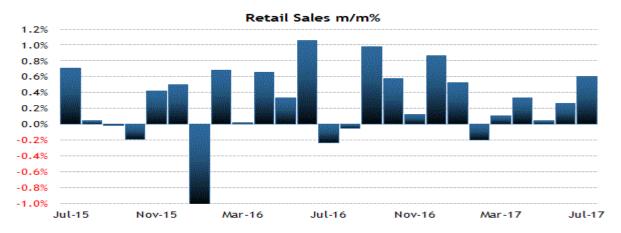
Core retail sales, which exclude auto, gasoline station, building materials, and food services & drinking places sales, increased 0.5% and the June decline of 0.1% was revised to an uptick of 0.1%.

A 1.2% increase in sales at auto & other motor vehicle dealers and a comparable increase at building material & garden equipment & supplies dealers paced the overall increase.

Sales at electronics and appliance stores (-0.5%) and gasoline stations (-0.4%) were among the pockets of relative weakness.

Category	JUL	JUN	MAY	APR	MAR
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Retail Sales	0.6%	0.3%	0.0%	0.3%	0.1%
Excluding Autos	0.5%	0.1%	-0.2%	0.3%	0.3%
Durable goods					
Building Materials	1.2%	1.1%	-0.2%	-0.1%	-1.8%
Autos/parts	1.2%	0.9%	1.1%	0.5%	-0.5%
Furniture	0.4%	0.5%	1.0%	-0.5%	1.7%
Nondurable goods					
General Merchandise	0.1%	0.4%	-0.4%	0.9%	0.1%
Food	0.4%	-0.7%	0.0%	0.2%	0.6%
Gasoline stations	-0.4%	-1.5%	-3.1%	-0.5%	-1.0%
Clothing	-0.2%	0.7%	0.0%	0.2%	2.0%
e*retailing/non-store	1.3%	1.0%	1.0%	0.6%	1.2%



Source: Census Bureau; updated 08/15/17

Briefing.com

Housing Starts declined 4.8% to a seasonally adjusted annual rate of 1.155 million (Briefing.com consensus 1.217 million) after being revised down to 1.213 million (from 1.215 million) in June. **Building Permits** decreased 4.1% to a seasonally adjusted annual rate of 1.223 million after being revised up to 1.275 million (from 1.254 million) in June.

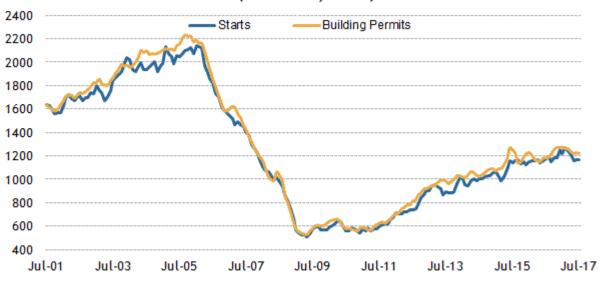
The decline in July starts was paced by a 20.1% decrease in multi-unit starts and a 7.8% drop in multi-unit permits

Single-family starts were a mixed bag. Starts in the Northeast rose 9.8%; starts in the Midwest declined 7.4%; starts in the South increased 2.0%; and starts in the West fell 4.3%. Single-family permits were also mixed: Northeast (-1.8%); Midwest (-3.3%); South (+1.6%); and the West (-1.1%)

The total number of units under construction at the end of the period stood at 1.063 million, down from a revised 1.065 (from 1.070 million) in June. The key takeaway from the report is that a pullback in starts occurred after a strong June, returning the series to the middle of a range that has been in effect over the past two years. Single-family starts declined 0.5% from June, which won't do much to alleviate supply constraints.

Category	JUL	JUN	MAY	APR	MAR
Starts	1155K	1213K	1129K	1154K	1189K
1 Unit	856K	860K	795K	823K	824K
Multi Units	299K	353K	334K	331K	365K
Permits	1223K	1275K	1168K	1228K	1260K

Housing Starts and Building Permits 3-Month Moving Average (thousands, SAAR)



Source: Census Bureau; updated 08/16/17

Briefing.com

Industrial Production increased 0.2% in July (Briefing.com consensus 0.3%) while the capacity utilization rate hit 76.7%, remaining unchanged from the revised June rate (revised from 76.6%). The July uptick in total industrial production was led by utilities output, which increased 1.6% following a revised 1.2% decline (from +0.8%) in June. On a year-over-year basis, total industrial production is up 2.2%.

The **Capacity Utilization** rate in July was 3.2 percentage points below its long-run (1792-2016) average Manufacturing output dipped 0.1% after an unrevised increase of 0.2% in June

Motor vehicle assemblies were at a seasonally adjusted annual rate of 10.29 million units in July, down 7.1% month-over-month

The key takeaway from the report is that factory output in July remained at levels seen in February. The lack of significant change in capacity utilization suggests that the resource slack will persist, reducing inflation expectations.

Category	JUL	JUN	MAY	APR	MAR
Industrial Production					
Total Index	0.2%	0.4%	0.0%	0.9%	0.2%
Manufacturing	-0.1%	0.2%	-0.6%	1.1%	-0.7%
Utilities	1.6%	-1.2%	2.8%	0.1%	8.2%
Mining	0.5%	2.0%	1.0%	0.6%	-0.4%
Capacity Utilization					
Total Industry	76.7%	76.7%	76.5%	76.5%	75.9%
Manufacturing	75.4%	75.5%	75.4%	75.4%	75.1%

Production and Capacity y/y% Production Capacity Utilization 10% 8% 6% 4% 2% 0% -2% -4% -6% -8% -10% -12% -14%

Jul-09

Jul-11

Jul-13

Source: Federal Reserve; updated 08/17/17

Jul-03

Jul-05

Jul-07

Briefing.com

Jul-17

Jul-15

CYCLES

-16%

Jul-01

As the market appears to be succumbing to the negative news flow and sits on the brink of a steeper decline which began August 8th; the stock market has an increased vulnerability to any negative news during this perennially weak period of the year from August through September. The major averages are only off about 2-3% since their recent respective all-time highs, but most of that came in the last 10 days. There is plenty of time for defensive measures.

Right on seasonal cue we are once again witnessing a pickup in market volatility. Last week alone the CBOE Volatility index (VIX) jumped over 30% to close over 15. After reaching historic lows as recently as late July, we could likely see larger than usual spikes in the coming weeks to months. Fresh struggles for the Trump Administration combined with heightened tensions on the geopolitical stage, and domestically, are throwing a wrench in all the goldilocks economic outlooks.

Based upon the following weekly bar chart of the VIX with its corresponding seasonal pattern displayed in the lower pane of the chart, market volatility is likely to continue to escalate at least until sometime in early October. Last year, Presidential Election uncertainties keep the VIX elevated well into November.



The Stock Trader's Almanac Seasonal MACD Sell Signal for DJIA and S&P 500 in May and in June for NASDAQ the Stock Traders' Almanac was a little early but now may be performing. Investors should be taking steps to prepare for a stretch of market volatility and market weakness in the overall market.

Many of the STA recently established short stock positions are performing well while gold, silver and bond related positions in the ETF portfolio are also performing better. We believe the portfolios remain well-positioned to weather market volatility and expect to maintain the current posture until Seasonal MACD Buy Signal confirms when it is safe to be more aggressive sometime after October 1.

Over the past month since the last update, the S&P 500 has climbed 1.0% higher while the Russell 2000 slipped 2.9% as of yesterday's close. The Almanac Investor Stock Portfolio's blend of cash, long and short positions climbed 1.2% over the same time period excluding dividends and any trading costs. The Large-Cap portfolio performed best, up 4.7%; Mid-Caps climbed 2.4%. Small-Caps edged 0.1% higher.

Four out of five long positions in the Small-Cap portfolio slipped modestly lower in tandem with Russell 2000 weakness. As illustrated on page 110 of the 50th Anniversary Stock Trader's Almanac 2017, top chart, small-caps have historically lagged large cap-performance throughout the month of July and into August. This weakness usually briefly reverses around the Labor Day holiday, but is typically short-lived as end-of-Q3 portfolio restructuring triggers small-cap weakness once again.

Second best overall Mid-Cap performance was not completely devoid of pain. Two out of three long positions slipped modestly lower. Only Scotts Miracle-Gro (SMG) climbed higher. Furthermore, two short trades, Impax Laboratories (IPXL) and Spark Therapeutics (ONCE) traded up to resistance, were added to the portfolio and continued to climb higher. IPXL and ONCE were both stopped out for 9% losses. Other Mid-Cap short positions fared much better. Blueprint Med (BPMC) now has a 16.2% gain and Ironwood Pharma (IRWD) is showing a 24.5% profit. BEL, HALO and MLNX are also in the green. The lone losing open mid-cap position is Foundation Med (FMI).

Large-caps continue to dominate. UnitedHealth (UNH), Southern Copper (SCCO) and Arista Networks (ANET) all continued to move higher over the past month. Even The Hershey Company (HSY) climbed

modestly higher, although it is still down from its original purchase price. <u>UNH, SCCO, ANET and HSY are all on Hold</u>. Due to recent gains, stop losses for UNH, SCCO and ANET have also been raised.

		Presented		8/2/2017		Buy	Stop	Auto		
Ticker	Exchange Traded Fund	Date	Price	Price	Return	Limit 1	Loss 1	Sell*		Current Advice 1
XLP	SPDR Consumer Staples	9/20/16	52.05	55.22	6.1%		52.99	62.06	Hold	
XLV	SPDR Healthcare	9/20/16	71.10	79.53	11.9%		71.87	85.17	Hold	
XLB	SPDR Materials (S)	4/4/17	53.45	54.73	-2.3%		58.80		Hold	
TLT	iShares 20+ Year Bond	5/17/17	123.50	124.71	1.0%		115.25		Hold	
YT	iShares DJ Transports (S)	5/17/17	159.74	165.09	-3.2%		175.71		Hold	
XLF	SPDR Financial (S)	5/17/17	23.50	25.31	-7.2%		25.85		Hold	
XLU	SPDR Utilities	5/17/17	51.60	53.75	4.2%		48.70	60.22	Hold	
AGG	iShares Core US Aggregate Bond	5/17/17	109.50	109.64	0.1%		98.70		Hold	
SLV	iShares Silver **	5/17/17	16.07	15.67	-2.5%				Hold	
GLD	SPDR Gold	5/17/17	119.50	120.40	0.8%				Hold	
FCG	First Trust Natural Gas (S)	6/6/17	20.34	20.43	-0.4%		24.15		Hold	
COW	iPath Bloomberg Livestock Sub-TR ETN	6/8/17	25.00	24.23	-3.1%		23.35		Hold	
DBA	PowerShares DB Agriculture	6/8/17	20.03	19.89	-0.7%		18.99		Hold	
IBB	iShares NASDAQ Biotech	7/6/17	277.00	317.04	Not Yet	277.00	249.30	349.49	Buy Dips	
YW	iShares US Technology	7/6/17	124.50	146.01	Not Yet	124.50	112.05	153.25	Buy Dips	
SDS	ProShares UltraShort S&P 500	7/13/17	_	48.50	Cancelled				Cancelled	
FXF	CurrencyShares Swiss Franc	8/3/17	97.00	97.62	New	97.00	95.25		Buy Dips	
XLE	SPDR Energy (S)	8/3/17	68.07	66.36	New	68.07			Short @ re	sistance or break below \$64.2
	O	en Positio	n Average	% Return	0.3%				-	
Average Total % Return 2.4%										

August Traders' Almanac: Exhibits weakness going into September

The first nine trading days of the month were strong as the S&P 500 made a new all-time high August 8th at 2490.87. On August 10th, it collapsed below the 50 day moving average and then, a week later on August 17th confirmed the weakness making a new lower low down to 2445 before finally settling at 24.15. August tends to show weakness as traders evacuate Wall Street for the summer finale. The last five days have suffered in 13 of the last 21 years with the S&P 500 up only five times on the next to last day in the past 21 years. In the last 21 years, the last five days of August have averaged losses of: Dow Jones Industrials, -1.0%; S&P 500, -0.9%; NASDAQ, -0.6% and Russell 2000, -0.02%.

Sector Seasonalities: Long = (L); Short = (S) **AUGUST 2017** Start: Biotech (L), High-Tech (L), Semiconductor (S) In Play: Materials (S), Gold & Silver (L), Transports (S), Utilities (L) Finish: None MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** SAT SUN 2 5 6 First Trading Day, First Nine Trading Days of August Are Historically Weak Dow Down 14 of Last 20 August Worst Dow and S&P Month 1988-2016 Construction Spending ISM Index ECRI Future Inflation Index Personal Income/Spending Chain Store Sales Semiconductor Billings Factory Orders **Employment Rate** ISM Non-Mfg. Index Int'l Trade Deficit Vehicle Sales 12 13 8 10 11 Average August Gains Last 21 Years: Dow: -1.3% S&P: -1.1% NAS: -0.6% Up 11 Down 10 Up 11 Down 10 Up 11 Down 10 Rank #12 Rank #12 Rank #12 Productivity and Costs Consumer Credit Wholesale Trade Treasury Budget 14 15 16 17 18 19 20 Monday of Mid-August Stronger Than Beginning and End **Expiration Week, Expiration Day.** Dow Up 15 **Bearish Lately** of Last 22 Dow Down 6 of Last 7 **Business Inventories** Import/Export Prices Industrial Production NAHB Housing Mrkt Index FOMC Minutes Leading Indicators Retail Sales **Housing Starts** Philadelphia Fed Survey U Mich Consumer Sentiment 21 22 26 27 23 24 25 Week After August Expiration Mixed, Dow Down 7 of Last 12 SEMI Book to Bill Ratio New Home Sales Existing Home Sales **Durable Goods** 28 29 31 30 August's Next-to-Last *Tuesdays: Weekly Chain Store Sales Trading Day, & Avg Hourly Earnings S&P Down 16 *Wednesdays: Oil & Gas Inventories of Last 21 *Thursdays: Weekly Unemployment Report, Weekly Chain Store Sales Mutual Fund Flows & Weekly Natural Gas Storage Report Agricultural Prices Chicago PMI *Fridays: Weekly Leading Economic Index GDP - Q2 Revised *Except holidays Personal Income/Spending Consumer Confidence Bull symbol signifies a favorable day based on the S&P 500 Rising 60% or more of the time on Bear symbol signifies an unfavorable day based on the S&P 500 Falling 60% or more of Economic release dates obtained from sources believed to be reliable. All dates subject to change a particular trading day 1996-2016 the time on a particular trading day 1996-2016

Lower Capitalized Companies with Great Potential

RMS Medical Products (REPR: \$ 0.43)

RMS Medical Products is the leading manufacturer of medical products used for home infusions and suctioning. The Infusion product portfolio currently includes the FREEDOM60® and the latest Freedom Edge® Syringe Infusion Drivers, RMS Precision Flow Rate Tubing™ and RMS HIgH-Flo Subcutaneous Safety Needle Sets™. These devices are used for infusions administered in professional healthcare settings as well as at home. The Company's RES-Q-VAC® line of medical suctioning products is used by emergency medical service providers in addition to a variety of other healthcare providers. The Company's website may be visited at www.rmsmedicalproducts.com.

RMS" or the "Company" is pleased to announce the launch of the RMS Freedom Flow Rate Calculator Smart Phone App (available for Android, and iOS). This App is designed to allow customers to more easily configure an RMS infusion system based on the drug being delivered. The App is an easy to use but highly complex calculator which will aid pharmacists, doctors and nurses in determining the proper RMS Precision Flow Rate Tubing™ and RMS HIgH-Flo Subcutaneous Safety Needle Sets™ to be used with either the FREEDOM60® or the FreedomEdge® Syringe Driver Infusion Systems. Nurses and Pharmacists often make critical decisions about flow rates/tubing and needle selections (size and number of needles to be used for infusion) in order to meet drug delivery protocols and patient desires for time of infusions. This new App will make it very easy to help the patient receive the best care possible.

This RMS Freedom Flow Rate Calculator Smart Phone App was developed for RMS with resources from ContraCare GmbH, a leader in Germany for Contract Management (reimbursement) Services and Managed Care (homecare) solutions. The App is now available for iOS in the Apple™ Store and Android in the Google™ Play store. Just go to your favorite store and type in RMS Freedom and you will be able to find and download this free user friendly app.

Torsten Kühn, Chief Executive Officer of ContraCare, commented "as a premium service provider in Germany's health care system, we aim to partner with leading suppliers to provide the best drugs, medical devices and services to our patients while keeping an eye on the cost efficiency of the treatments we provide. The RMS FREEDOM60® system with its durable and reliable syringe driver and high-quality HIgH-Flo™ subcutaneous safety needle sets are exactly the products we needed for immunoglobulin, antibiotic and many other therapies we are providing today. We are glad that the umbrella organization of Germany's public health insurance confirms the unmet need by approving the RMS FREEDOM60® System for reimbursement."

Eric Bauer, Chief Operating Officer of RMS commented, "It can take 12 to 14 months to obtain country registration; by partnering with a leading health care provider, that time was cut significantly. Contra Care is an exceptional partner and we could not be more pleased with our relationship. Germany is going to be a great market for our high quality products and our ever expanding product line. RMS continues to be the Global industry leader and create exceptional partnerships around the world to improve patient quality of life."

Contra Care GmbH, based in Nuremberg, Germany, is specialized in providing Contract Management (reimbursement) Services and managed Care (homecare) solutions for patients with chronic diseases. The company is certificated in accordance with ISO 9001, ISO 27001, ISO 13485 and licensed as a homecare provider of medical devices and treatment services according to German Social Law (SGB).

Enzo Biochem (ENZ: \$ 10.78) - \$ 0.28 or - 2.5%:

Enzo Biochem closed the calendar year 2016 at \$6.94 a share. For the year of 2017, it is up 55.3% versus the Dow Jones +9.7%. Enzo's balance sheet closed their first quarter October 31 with \$67 million in cash and current equivalents and complete elimination of debt. Both the Clinical Lab and Life Science divisions ended the year profitably. New products were added to their catalog and litigations have moved ahead leaving them as a plaintiff with 6 lawsuits in the Delaware Court and one in the Manhattan Court. Enzo Biochem closed today, June 30, at \$11.04. For the quarter it was up 31.9% and for the first half it was up. 59.08%. The Standard and Poor 500 closed at 2,423 up 2.57% for the quarter and 8.24% for the first half. The stock has been acting great and I hope it continues for the second half of the year.

A quick rundown of the year so far: The Company announced its fiscal 3rd quarter a few weeks ago. For the first time in many years they showed a breakeven third quarter and no cash burn. They actually increased the cash position by \$200,000. I see no reason that this performance will not continue for the rest of the year.

Three new AmpiProbe products were announced as being approved by the New York Department of Health with more approvals anticipated over the near future. As was announced in the conference call on June 11th; the Company anticipates a product rollout to the market in early fall. They will expand their market to include New England and the Atlantic States.

With Enzo now being included by Cigna for reimbursement I would expect to start seeing the top line numbers for Revenues ramp up. The Company also hopes to have blanket approval in all states by the end of the year. In the 2nd quarter conference call a question was asked by the Rodman Renshaw analyst about Alequel for treatment of Crohn's disease. The response by Mr. Weiner was that there are discussions with Hadassah Hospital where the trials were held a few years ago. Crohn's and Uveitis are not in the stock price and if any news comes out on either of these products I feel it would have a very positive effect on the price of the stock.

The stock should consolidate its gains over the near term and as product approvals come in and AmpiProbe moves into the market, the stock price could move to \$15. Positive news on the Therapeutics could move it much higher. There is very little stock available Institutional ownership is stated to be 61.47% and the Officers, Directors and insiders would be an additional 15% to total 76% of the 46 million shares or 35 million shares leaving 11 million in the float. Enzo's market cap is now over \$500 million which will make more Institutions that have a minimum market cap of \$500 million to be buyers of a stock. Barring any unforeseen events I think we should have a very good second half of the year.

Updates on Delaware Litigation

The last earnings report showed a cash position in excess of \$65 million with no debt to speak of and a positive cash flow from their operating divisions. The only cash burn is coming from Litigation expenses and a bit from Research and Development. Litigation in Delaware is on a contingency basis as such Enzo is not on the hook for billable hours. To my knowledge there are 6 suits left after 6 have settled. When the company passed the \$500 million dollar market cap when the stock price reached (\$10.63) they qualified for those Institutions that can't buy microcap stocks. A significant number of Institutions will look to be buyers and with only 47 million shares issued and Institutions already owning 50% and insiders owning 15% that leaves less than 17 million shares in the float.

Pressure Bio Sciences OTCQB: PBIO 4.35*

Recently announced the signing of a new CFO Mr. Joseph L. Damasio Jr. Mr. Damasio has over 20 years of finance and accounting experience most recently as Finance Director at Nelipak Packaging, a private equity backed medical packaging manufacturer with over \$ 100 million in global annual sales. Before joining Nelipak, Mr. Damasio held financial positions at CP Bourg, IQEKC, and Kopin Corporation. Mr Damasio was employed by Pressure BioSciences as both accounting manager (2007) and controller (2008) and finally as Vice President of Finance and Administration (2011).

The hiring of Mr Damasio will allow the Company's CEO Mr Richard T Schumacher, who has been the company's interim CFO for the past two years, and who has been a successful serial life sciences entrepreneur with three successful publicly traded companies to his credit, time to focus on critical operational issues in 2017. Some issues to be attended to include a pending up-list to NASDAQ and their stated goal to build a field sales team this year.

PBIO Develops, markets, and sells proprietary laboratory instrumentation and associated consumables to the estimated \$6 billion life sciences sample preparation market. Products are based on the unique properties of both constant (i.e., static) and alternating (i.e., pressure cycling technology, or PCT) hydrostatic pressure. PCT is a patented enabling technology platform that uses alternating cycles of hydrostatic pressure between ambient and ultra-high levels to safely and reproducibly control biomolecular interactions. To date, they have installed over 250 PCT systems in approximately 160 sites

worldwide. There are over 100 publications citing the advantages of the PCT platform over competitive methods, many from key opinion leaders.

NEEDS IN MEDICINE: In the world of medicine our dramatically improved ability for early detection or to confirm and refine diagnosis ranging from over a hundred types of cancer to tuberculosis and a hundred other maladies and conditions is "bottlenecked" by 30 year old methods of preparing test samples. Collectively such diagnostic samples exceed a hundred million annually.

NEEDS IN RESEARCH: Globally there are over a half a million medical and pharmaceutical research scientists working in over eighty thousand laboratories who are hampered by the time consuming and outdated methods of preparing test samples.

NEEDS IN FORENSICS: Globally, in millions of cases, swift and sure exoneration of the innocent and / or justice for the guilty is often delayed or even denied because of the ponderous means of preparing and conducting DNA and other forensic testing.

PBIO is focused on solving the challenges of biological sample preparation, a crucial laboratory step performed globally by the biological life sciences research scientists. Sample preparation refers to a wide range of activities that precede most forms of scientific analysis. It is often complex, time-consuming and, in our opinion, one of the most error-prone steps of scientific research. Sample preparation is a ubiquitous laboratory undertaking - the requirements of which drive a large and growing worldwide market. PBIO has developed and patented a novel, enabling technology platform that can control the sample preparation process while improving both efficacy and quality. It is based on harnessing the unique properties of high hydrostatic pressure. This process, called **pressure cycling technology, or PCT**, uses alternating cycles of hydrostatic pressure between ambient (normal atmosphere) and ultra-high levels i.e., 35,000 pounds per square inch ("psi") or greater to safely, conveniently and reproducibly control the actions of molecules in biological samples, such as cells and tissues from human, animal, plant and microbial sources.

The PBIO pressure cycling technology uses proprietary and internally developed instrumentation that is capable of cycling pressure between ambient and ultra-high levels at controlled temperatures and specific time intervals, to rapidly and repeatedly control the interactions of bio-molecules, such as deoxyribonucleic acid ("DNA"), ribonucleic acid ("RNA"), proteins, lipids and small molecules. Their laboratory instrument, the Barocycler®, and their internally developed consumables product line, which include Pressure Used to Lyse Samples for Extraction ("PULSE") tubes, and other processing tubes, and application specific kits such as consumable products and reagents, together make up their PCT Sample Preparation System ("PCT SPS").

The PBIO pressure cycling technology takes a unique approach that has the potential for broad use in a number of established and emerging life sciences areas, which include:

- Biological sample preparation in potentially thousands of research laboratories worldwide working in human, animal, plant, and microbial diseases and disorders - including but not limited to sample extraction, homogenization, and digestion in genomic, proteomic, lipidomic, metabolomic and small molecule study areas;
 - Pathogen inactivation (useful in vaccine development, infectious disease research, and more);
 - Protein purification, and in the control of chemical reactions, particularly enzymatic (useful in drug design and development);
 - and immunodiagnostics (useful in the development and detection of biomarkers).

INTELLECTUAL PROPERTY

PBIO has secured their technology through fourteen issued United States patents and ten issued foreign patents covering multiple applications of pressure cycling technology in the life sciences field. They also have additional patents pending. Research indicates that Pressure Bio Science, Inc. is the only company globally to have patents in this new science sector.

Leo Motors (LEOM: \$ 0. 145)* is the premier company that develops electric vehicles (EV's) that can travel at higher speed along roads and freeways. After 10 years of field tests, the Company has

surpassed obstacles of speed, torque and reliability over other e-vehicles. Leo motors has developed an array of electric vehicles and boats, including armored military vehicles, sports cars, utility trucks, passenger buses and electronic title water boats.

Leo Motors primary division, LGM, is producing and marketing electric boats (E- boats). LGM is the one of the few companies in the world that produces a safe high power electric boat. March 2017, LGM unveiled their proprietary new electric powerboat propulsion system at the 2017 Busan Boat Show in Korea. The new LGM powerboat electric propulsion system produces up to 660 horse power (HP) and is compatible with most power boats and yachts.

LGM's electric inboard and outboard propulsion systems now range from 40 HP to 700 HP and also includes their Sailing Generation System that uses wind to recharge batteries while under way, eliminating conventional charging processes. LGM is communicating with potential partners in America for their conversion enterprise.

LGM will enter into the U.S. market this year providing electric conversion services. LGM will replace old internal combustion engine yachts and powerboats to the LGM electric power system.

Smart E-Vehicle Technology

LEO's proprietary electronic vehicle ecosystem has intelligent software which controls a cloud system. LEO developed the Vehicle to Everything (V2E) platform which uses smart technology to manage a cloud in the operating system (OS). The integrated OS allows connectivity with a smart device for improved driving solutions. The smart applications help reduce battery exchange recharge time, and provides roadside assistance. A GPS application uses satellite and mobile networks connected to Android systems using a Bluetooth®. The app sends updates, battery status and swap service information.

Skinvisible (SKVI: \$ 0.025)* Skinvisible Pharmaceuticals, Inc., is a pharmaceutical technology company that has developed over 40 topical prescription (Rx), over-the-counter (OTC) and cosmeceutical products using its patented Invisicare® polymer delivery systems. Invisicare and its products are protected by fourteen patents worldwide. Skinvisible licenses these products to global pharmaceutical, cosmetic and consumer goods companies.

SKINVISIBLE ENTERS THE CANNABIS MARKET

The cannabis market that Skinvisible has entered is vast and one of the fastest growing markets. The legal marijuana industry (medical and recreational) in the USA has reached over \$6 billion in annual sales and is expected to increase to over \$20 billion by 2020. Canada is projected to reach up to \$22 billion annually as it has passed both medical and recreational marijuana laws this past year. Skinvisible is perfectly poised to be a part of this expanding market. It is part of the ancillary cannabis market as Skinvisible does not sell or touch cannabis; it sells its proprietary Invisicare polymers coupled with proven product formulations and services to its licensees. Skinvisible will help bring science-based, patent protected products into this emerging industry. The Company has developed topical and transdermal cannabis products from hemp-derived CBD; with its next developments to include cannabinoids from marijuana (CBD and THC).

SKINVISIBLE RECEIVES FIRST ORDER FOR CHINA

The Company just recently announced that it has completed its first international sale of DermSafe® hand sanitizer through its agent InterSpace Global, Inc. ("InterSpace"). InterSpace is an exporter of "made in USA" products with offices in Salt Lake City, Utah and Shenzhen, China. InterSpace has completed its first sale of DermSafe® with a direct sales company in Shanghai, China. Skinvisible management attended the launch of DermSafe in Shanghai, China, with 1200+ distributors in attendance. China with a population of over 1.4 billion people is one of the fastest growing economies in

the world and represents a huge market for Skinvisible products, not only for DermSafe hand sanitizer but also the OTC line of products including anti-aging skincare line.

NightFood, Inc. (NGTF 0. 24)* Has healthy night-time food specially formulated for nighttime snackers. The Company has an exclusive agreement with RFI, natural ingredient manufacturer and proprietor of Chocamine, a patented cocoa extract which helps with cravings and mood (calmness), and promotes feelings of satiety. Americans keep gaining more weight. People have the tendency to grab for goodies at the end of the evening as they relax to enjoy some T.V. Eating and snacking too late at night is a contributing factor to gaining weight. Seventy percent of adults, ages 18-54, snack in the hour or two before bed. Chocamine delivers the health benefits of chocolate to the body (amino acids, minerals and polyphenols) without the added sugars, caffeine or fat. People give in to the intense hunger cravings that leads to the consumption of sugary, salty or calorie dense foods to satisfy their appetite and cravings. Most of the snacks that people typically eat can impair sleep, causing a person to wake up feeling unrested. Night Food offers better-for-you alternatives to high-calorie and sleep disruptive junk foods.

The company product line currently includes snack bars in two flavors, either Cookies and Dreams or Midnight Chocolate Crunch. The company recently reported that it is looking into expanding the number of flavors in the Night Food bar line, and also manufacturing products in different snack formats, like ice cream or "bites" Consumers spend over \$50 billion/year on night-time snacks...over \$1B every week. In general, snacking trends have shifted much healthier over the past several years, but industry research continues to show that the least healthy choices of the day occur as we get closer to bedtime. In fact, the four most popular nighttime snack categories, in order, are salty snacks (chips, pretzels, popcorn), ice cream, chocolate candy, and cookies, Management believes that, just as there are energy versions of many popular foods (energy jerky, energy candy, energy waffles, energy gum, energy chips, energy bars), foods can also be formulated to be more nighttime appropriate and sleep-friendly.

We've seen it happen with low-carb, we've seen it happen with gluten-free.

Fundamental Analysis: Stocks To Buy with Stops: Using fundamentals the following are stocks to trade hypothetically. They have done well. We have taken numerous profits as indicated on the table below. In addition many have been stopped out with small losses. As indicated on the table below, balance is critical. And we have exited most long positions. Alibaba and Boeing have made a great deal of points. We are taking profits. We have no position in Alcoa AA. If long, raise stops to \$ 35 as a risk point. Flushing Financial FFIC fell below the 50 day price moving average on March 3rd, and again on August 9th and now has even breached the 200 day m.a. We have sold the Flushing Financial as indicated on the table. We have been looking for a place to buy Bristol Myers. Hecla Mining might be a speculative buy at a double bottom from July 7th at about \$ 4.82-86. We took profits on ENZ but still want to be long at lower prices. The HDGE is long now on our table. We have been patient waiting for the opportunity. It catapulted above its 50 day price m.a. and is relevant at this time. It is a decent long or offset against portfolio positions.

	Name	Business Description	PE	P/S	MV mln	Current Price	Buy or Sell Limit	Stop Loss Or offset
BABA	Alibaba	Largest on-line book seller in China; more of a retailer than Amazon	50.67	13.21	275.5B	167.50	Bought @ \$ 111 on 4/7/17 opening	Take Profits now using \$ 160 as dbl top
AMZN	Amazon	Catalog & Mail Order	189	2.90	394B	958.47 stopped out	Sold on stop	No position
SIMO	Silicon Motion	Semiconductor solutions for mobile storage and communications	9.7	2.5	1.39B	42.72 Stopped out 49.40	Bought 39.10 01/28/17	49.40x on June 29 th

CIO	City Office REIT	Real Estate Investment Trust high quality Offices	292	5.8	396MIn	12.48	Re Bought at 12.12	11.50x
TPC	Tutor Perini	Construction	12	0.25	1.3B	24.15 Stopped out28.9 0 05/04	19.40 10/31/16	Looking for place to buy
BMY	Bristol Myers	Biopharmaceutical Products	28	5.1	94.9B	56.42 No position	Looking for place to buy	If bought sell at 53.90x
ВА	Boeing	Aerospace, commercial jetliners, military systems	14	0.85	81B	235.77	Long at 132 10/04/16	210x
HL	Hecla Mining	Basic Materials	44	3.61	1.7B	4.87 Look for re-entry lower	No Position	A troubled long
FFIC	Flushing Financial	Bank Holding company Savings and loans	13	3.5	592Mln	26.81 Sold on stop	19.10 bought 06/27/16	50 day m.a. at 27.45; sell belowj
HDG E	Bear ETF	Seems to stabilize at the \$ 8.50 level	NA	NA	176.8MI n	8.84	long 8.54 8/03/17	8.44x
AA	Alcoa	Aluminum Processing and Technology	N/A	0.4	9.5B	37.76	21.15 originally bought 2/8/16	\$ If long use \$ 34 stop
ENZ	Enzo Biochem	Life Sciences	NA	1.35	134M	10.78	Bought at 5.13 10/7/16	Sold on Opening Monday 4/3/17 Sold 8.43
BAC	Bank of America	Commercial Bank	10	2.02	165.3B	23.62	Bought at 15.42 9/30/16	23.60x stopped 3/21/17

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Disclaimer* Princeton is paid \$ 1,500 per month from RMS Medical Products. The SITS contract calls for \$ 1,500 per month. Princeton had been engaged by Target Energy. No contract is currently in place. Princeton is paid \$ 2500 per month by Pressure Biosciences. Princeton was paid about 300,000 restricted shares of Leo Motors. Princeton is paid \$ 2,500 per month for International Star. Princeton is paid \$ 2,500 from Leo Motors. Pursuant to the provisions of Rule 206 (4) of the Investment Advisers Act of 1940, readers should recognize that not all recommendations made in the future will be profitable or will equal the performance of any

recommendations referred to in this Email issue. Princeton may buy or sell its free-trading shares in companies it represents at any time. Y means the writer has a position of 10,000 shares in the stock recommended.

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NightFood, Inc. (NGTF 0. 24)* Has healthy night-time food specially formulated for nighttime snackers. The Company has an exclusive agreement with RFI, natural ingredient manufacturer and proprietor of Chocamine, a patented cocoa extract which helps with cravings and mood (calmness), and promotes feelings of satiety. Americans keep gaining more weight. People have the tendency to grab for goodies at the end of the evening as they relax to enjoy some T.V. Eating and snacking too late at night is a contributing factor to gaining weight. Seventy percent of adults, ages 18-54, snack in the hour or two before bed. Chocamine delivers the health benefits of chocolate to the body (amino acids, minerals and polyphenols) without the added sugars, caffeine or fat. People give in to the intense hunger cravings that leads to the consumption of sugary, salty or calorie dense foods to satisfy their appetite and cravings. Most of the snacks that people typically eat can impair sleep, causing a person to wake up feeling unrested. Night Food offers better-for-you alternatives to high-calorie and sleep disruptive junk foods.

The company product line currently includes snack bars in two flavors, either Cookies and Dreams or Midnight Chocolate Crunch. The company recently reported that it is looking into expanding the number of flavors in the Night Food bar line, and also manufacturing products in different snack formats, like ice cream or "bites" Consumers spend over \$50 billion/year on night-time snacks...over \$1B every week. In general, snacking trends have shifted much healthier over the past several years, but industry research continues to show that the least healthy choices of the day occur as we get closer to bedtime. In fact, the four most popular nighttime snack categories, in order, are salty snacks (chips, pretzels, popcorn), ice cream, chocolate candy, and cookies, Management believes that, just as there are energy versions of many popular foods (energy jerky, energy candy, energy waffles, energy gum, energy chips, energy bars), foods can also be formulated to be more nighttime appropriate and sleep-friendly.

We've seen it happen with low-carb, we've seen it happen with gluten-free.